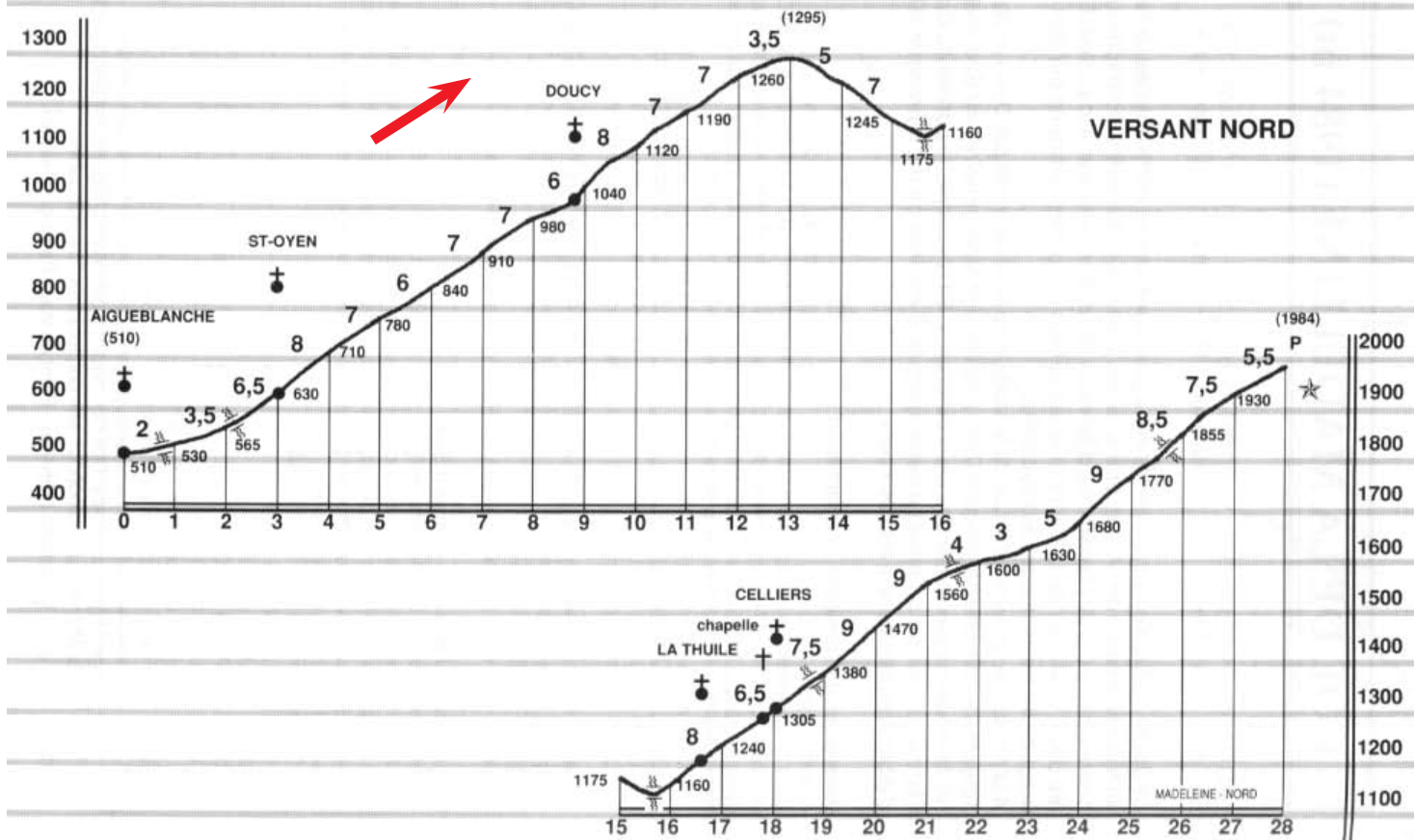


June 2009

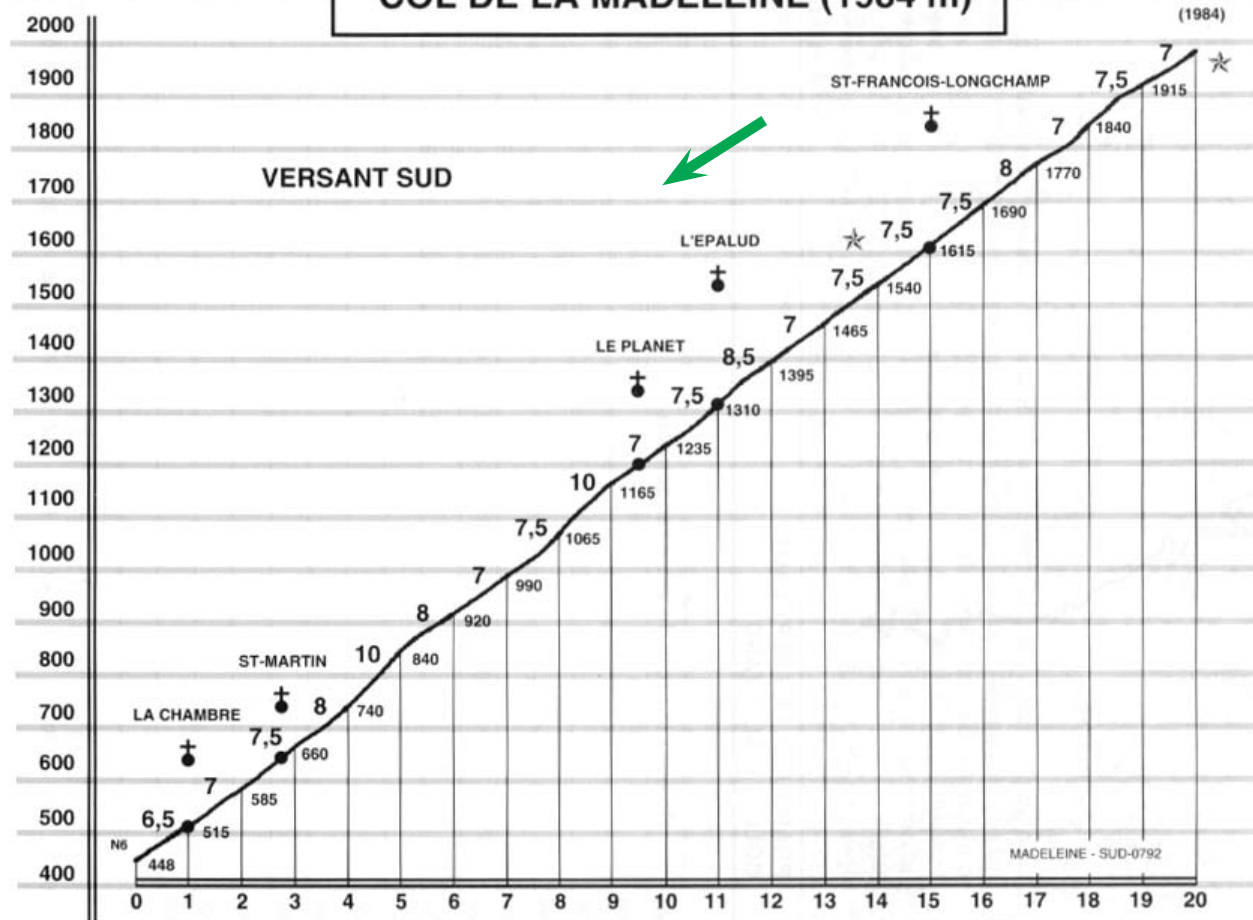
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6 4:55PM-11AM SF- London BA0284
7 2-4:40PM London- Geneva BA0732 Ibis 38 rte de Geneve Ambilly 04.50.38.70.66	8 Geneva	9 Geneva-Annecy Residel 20 chemin des Aires Sevrier 04.50.52.67.50	10 Annecy	11 Annecy-Albertville H de Savoie 21 ave Jean Jaures 04.79.37.42.21	12 Albertville-La Chambre Madeleine 1993m Eterlou 405 grande rue 04.79.56.20.39	13 La Chambre-Bourg d'Oisans Glandon 1924m Cascade pont de la Romanche 04.76.79.16.39
14 Alpe d'Huez 1840m Sarenne 1999m	15 Bourg d'Oisans	16 Bourg-St Jean Croix Fer 2067m Mollard 1638m St-Georges 334 r de la République 04.79.64.01.06	17 St Jean Maurienne- Valloire Albanne 1652m Christiania r Tigny 04.79.59.00.57	18 Valloire-Briancon Galibier 2646m Lautaret 2057m Edelweiss 32 ave République 04.92.21.02.94	19 Briancon	20 Briancon-Guillevre Izoard 2361m Catinat-fleuri la Longeagne 04.92.45.07.62
21 Guillestre- Barcelonnette Vars 2108m Cheval Blanc 12 rue Grenette 04.92.81.00.19	22 Barc-Entrevaux Cayolle 2326m Daluis Gorge Vauban place Moreau 04.93.05.42.40	23 Entrevaux- Coursegoules St Raphael 876m Auberge Escaou place de l'Escaou 04.93.59.11.28	24 Coursegoules- Vence Auberge Seigneurs 1 r du Dr Binet 04.93.58.04.24	25 Vence-Cagnes sur Mer Aeva 22 blvd de la Plage 04.93.73.39.52	26 Cagnes sur Mer	27 Cagnes sur Mer
28 Cagnes sur Mer	29 7:35-8:45 AM Nice- London BA0341 11:35-2:25 PM London-SF BA0285	30	1	2	3	4

Date	From	To	Km	Mile	Climb m	Climb ft	Col #1	Col #2
Sat 6	San Jose							
Sun 7	Geneva	Geneva						
Mon 8	Geneva	Geneva						
Tue 9	Geneva	Annecy	74.9	46.4	1300	4265		
Wed 10	Annecy	Annecy						
Thu 11	Annecy	Albertville						
Fri 12	Albertville	La Chambre	64.0	39.7	1660	5446	Col de la Madeleine 1993m	Less Hilly Option
Sat 13	La Chambre	Bourg d'Oisans	60.8	37.7	1670	5479	Col du Glandon 1924m	
Sun 14	Bourg d'Oisans	Bourg d'Oisans	42.7	26.5	1200	3937	Alpe d'Huez 1780m	Col du Sarenne 1999m
Mon 15	Bourg d'Oisans	Bourg d'Oisans						
Tue 16	Bourg d'Oisans	St Jean de Maurienne	79.1	49.0	1962	6437	Col de la Croix de Fer 2067m	Col du Mollard 1638m
Wed 17	St Jean de Maurienne	Valloire	26.4	16.4	1129	3704	Col d'Albanne 1652m	
Thu 18	Valloire	Briançon	55.5	34.4	1250	4101	Col du Galibier 2646m	Col du Lautaret 2057m
Fri 19	Briançon	Briançon						
Sat 20	Briançon	Guillestre	51.8	32.1	1150	3773	Col d'Izoard 2361m	Less Hilly Option
Sun 21	Guillestre	Barcelonnette	51.1	31.7	1110	3642	Col de Vars 2108m	
Mon 22	Barcelonnette	Entrevaux	88.5	54.9	1190	3904	Col de la Cayolle 2326m	
Tue 23	Entrevaux	Coursegoules	65.0	40.3				
Wed 24	Coursegoules	Vence	35.0	21.7				
Thu 25	Vence	Cros de Cagnes	15	9.3				
Fri 26	Cros de Cagnes	Cros de Cagnes						
Sat 27	Cros de Cagnes	Cros de Cagnes						
Sun 28	Nice	San Jose						

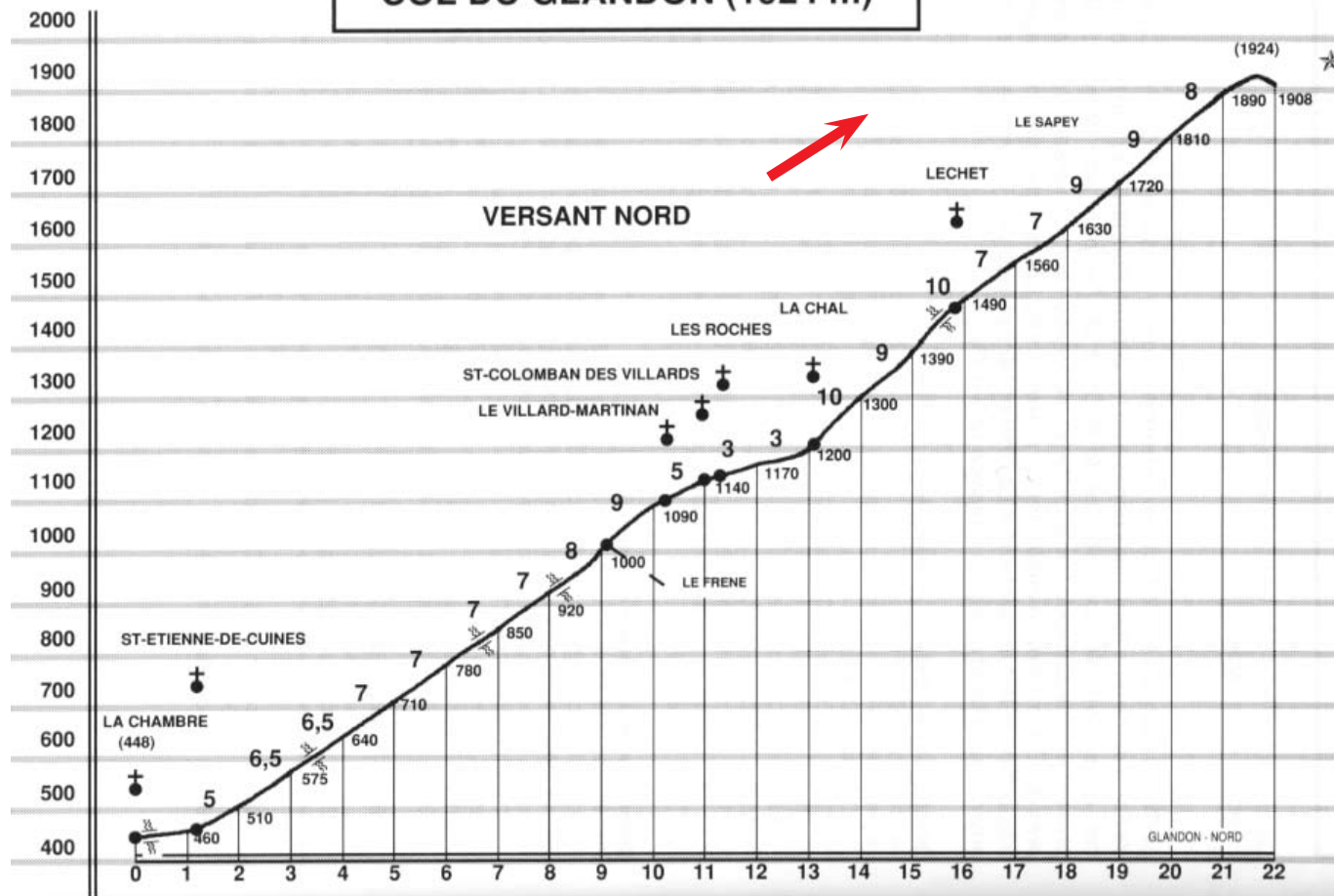
COL DE LA MADELEINE (1984 m)



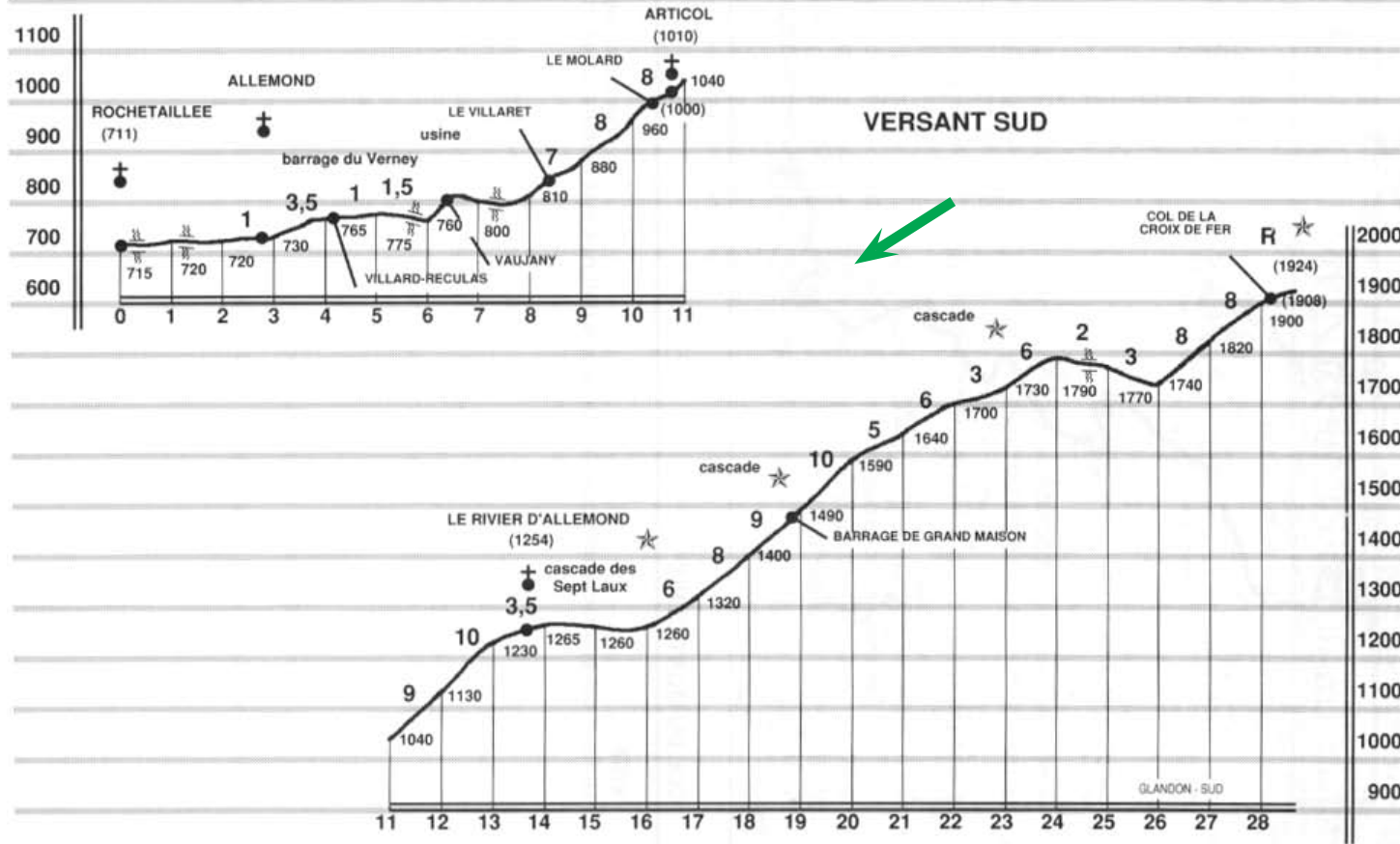
COL DE LA MADELEINE (1984 m)



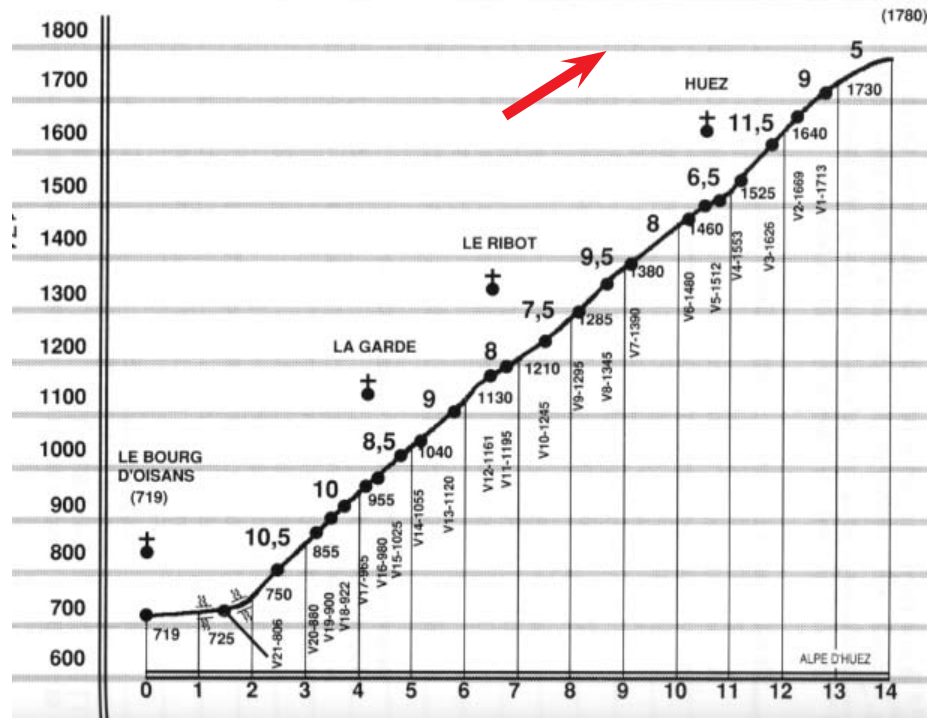
COL DU GLANDON (1924 m)



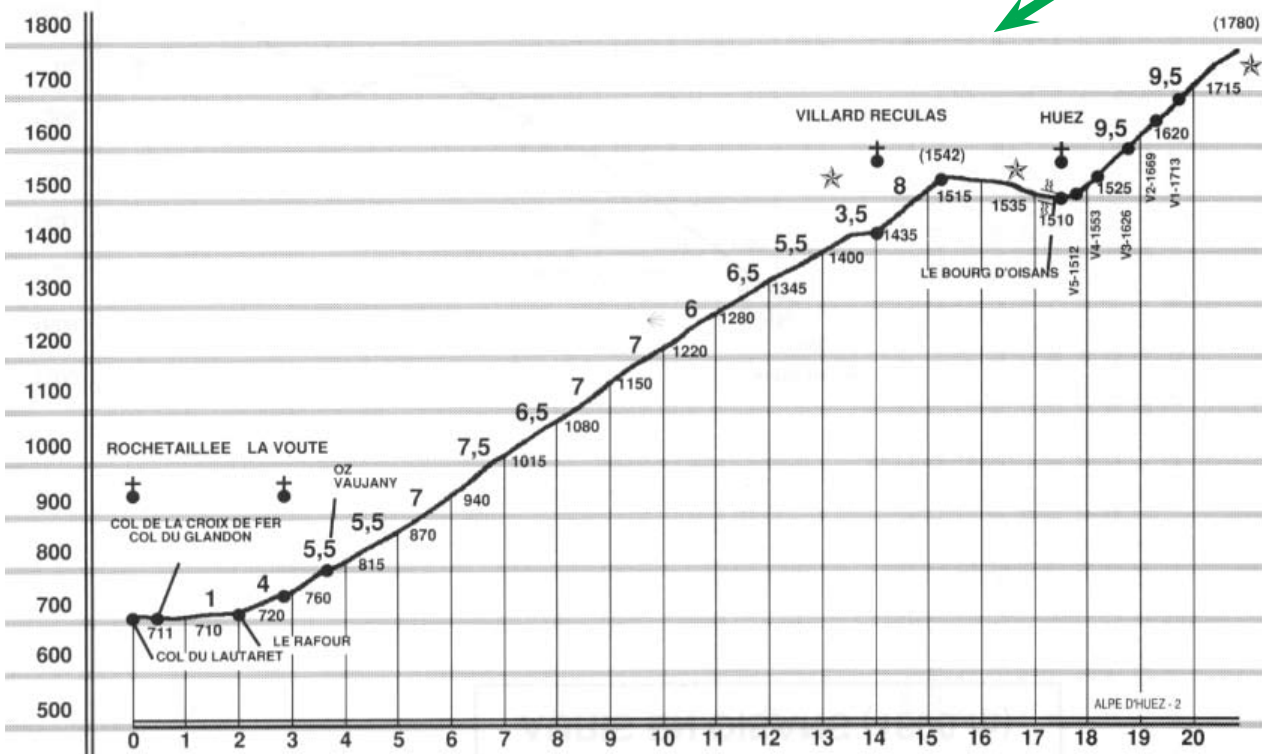
COL DU GLANDON (1924 m)



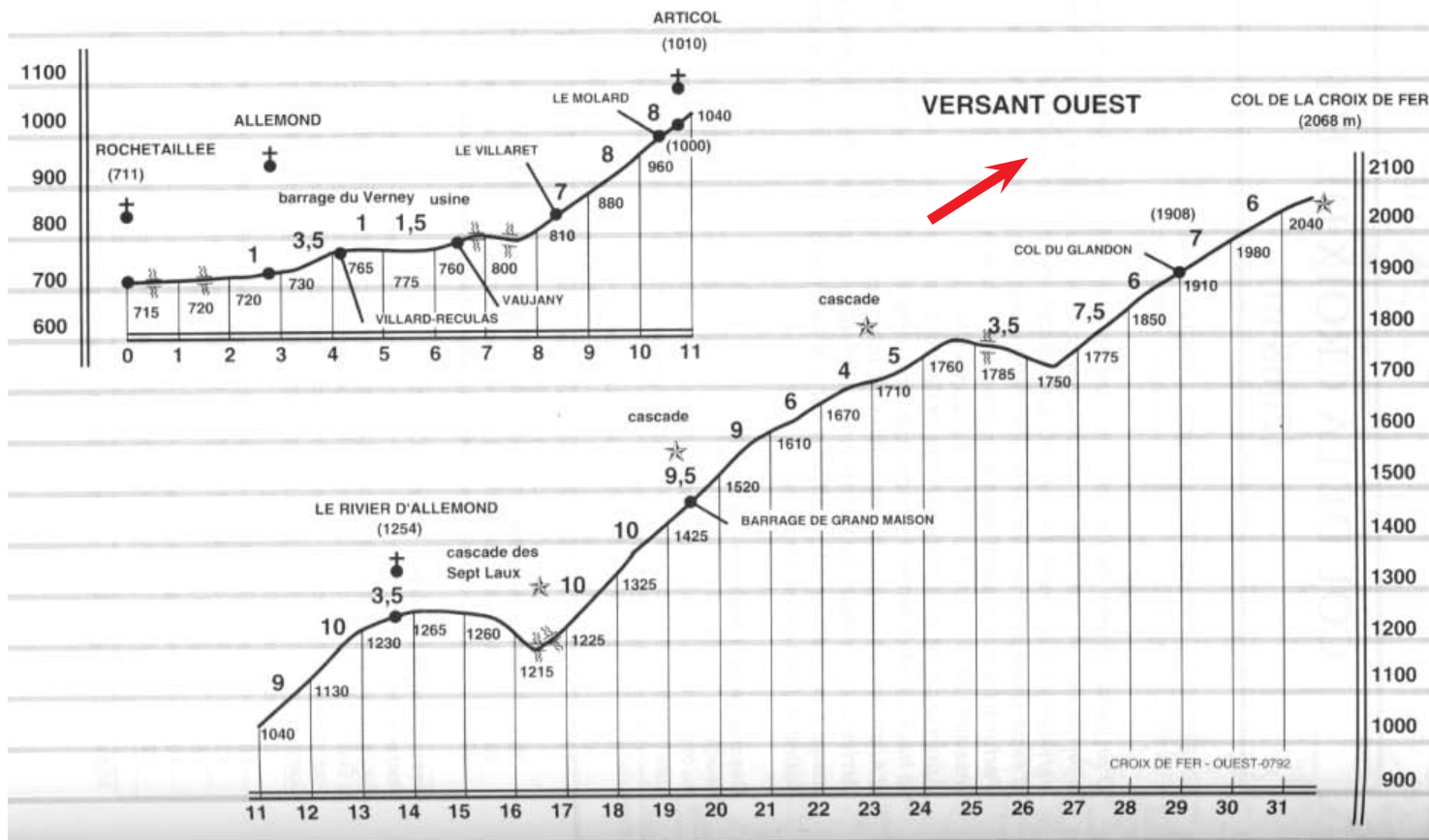
ALPE D'HUEZ (1780 m)



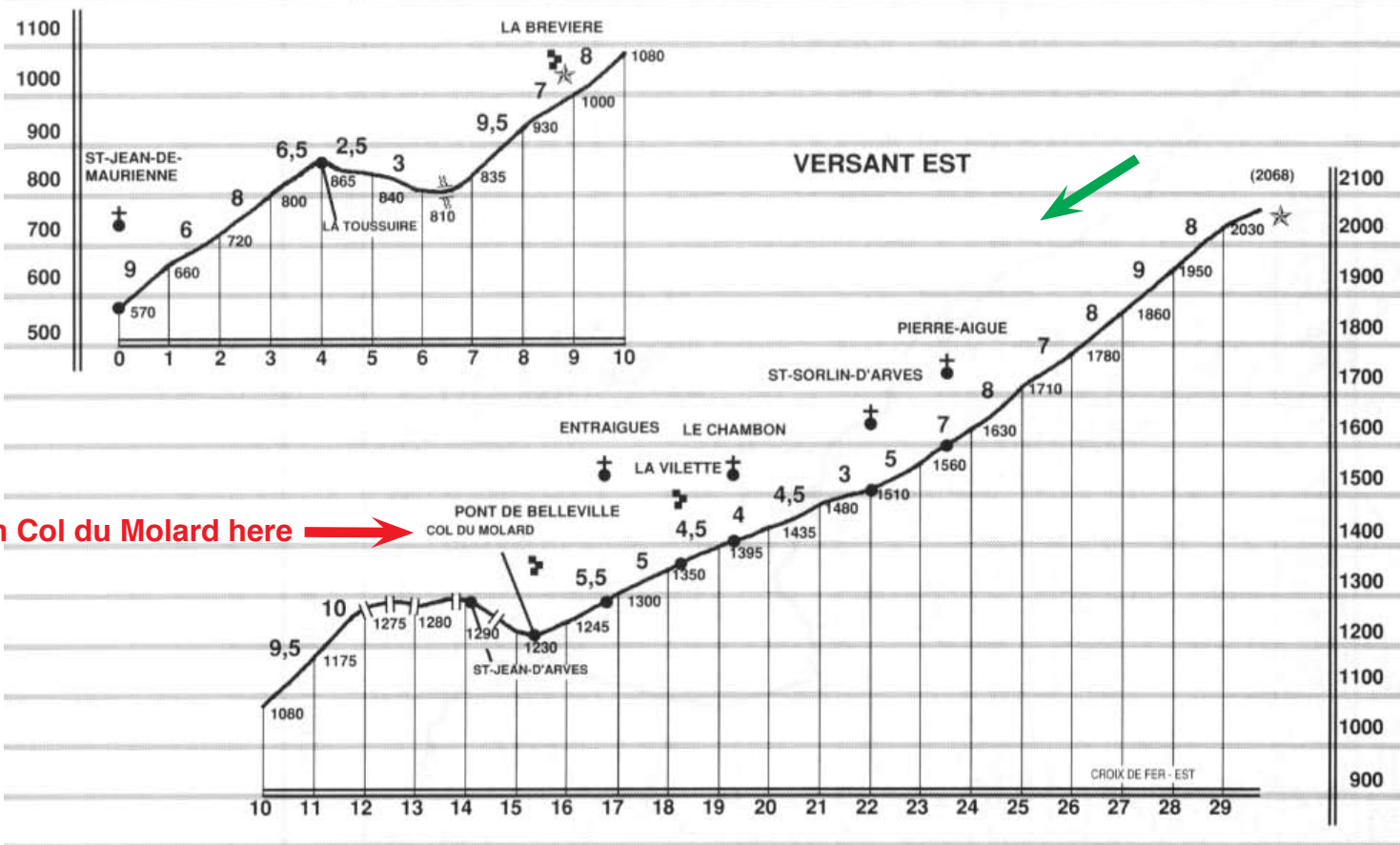
ALPE D'HUEZ (1780 m)



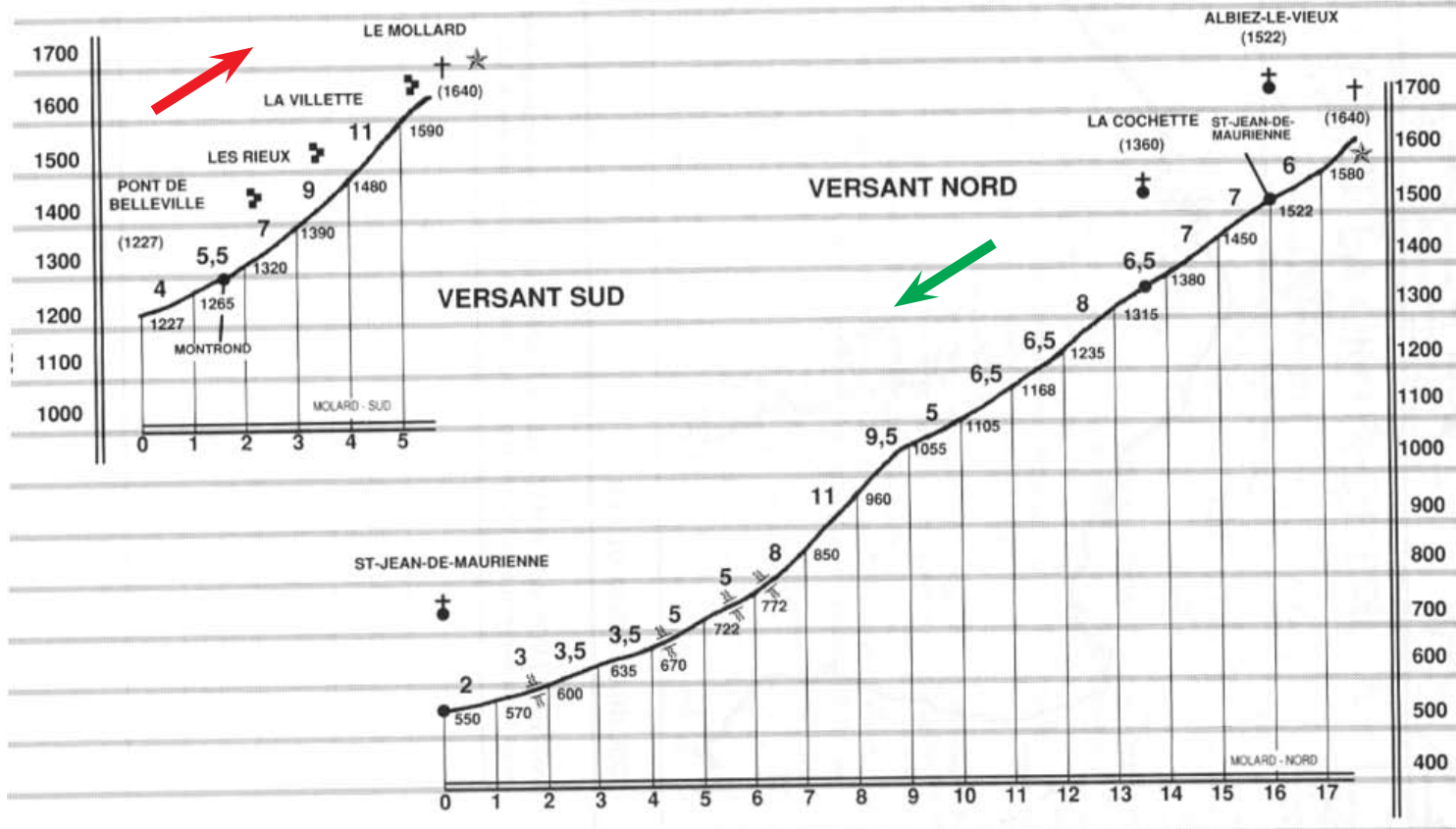
COL DE LA CROIX DE FER (2068 m)

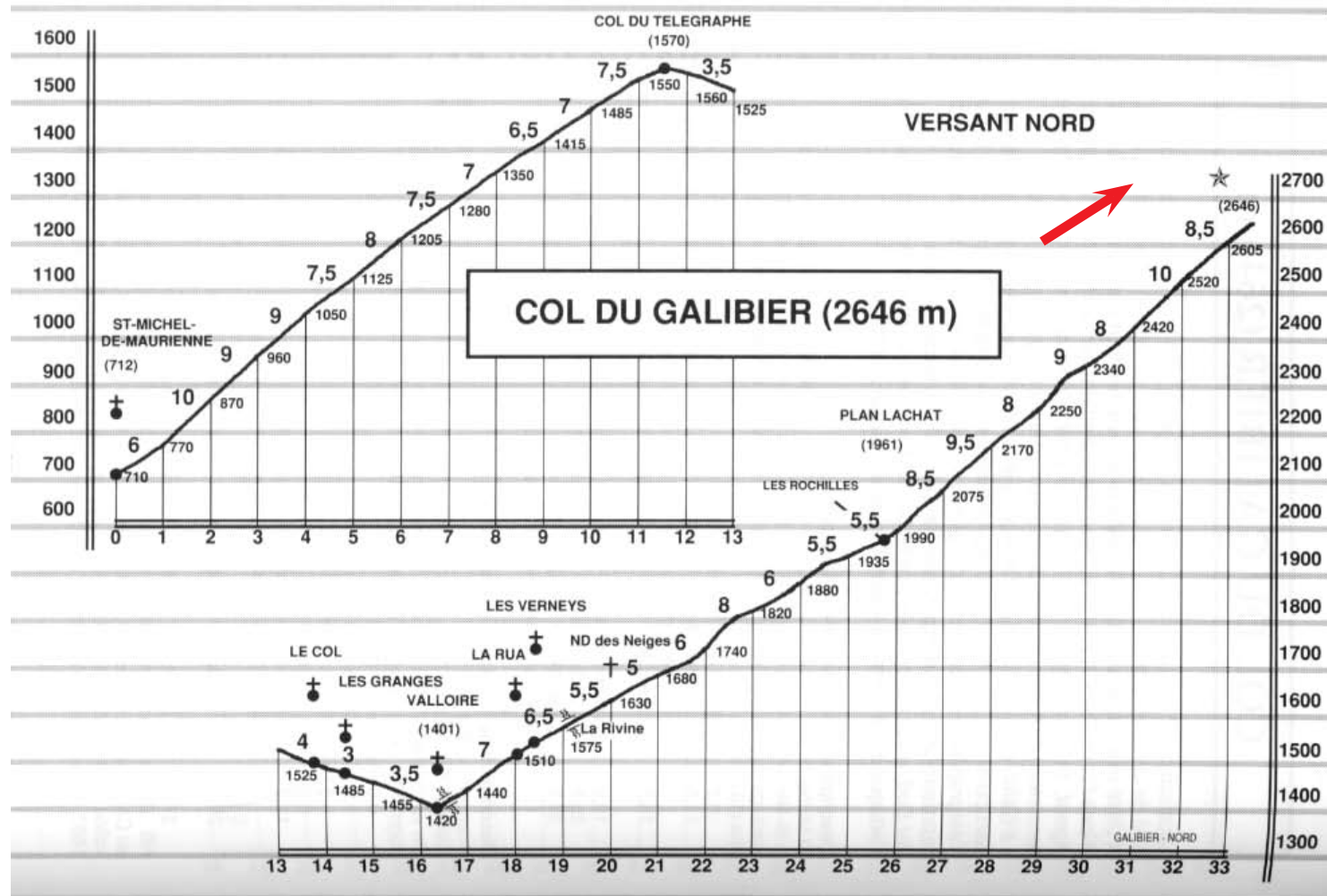


COL DE LA CROIX DE FER (2068 m)

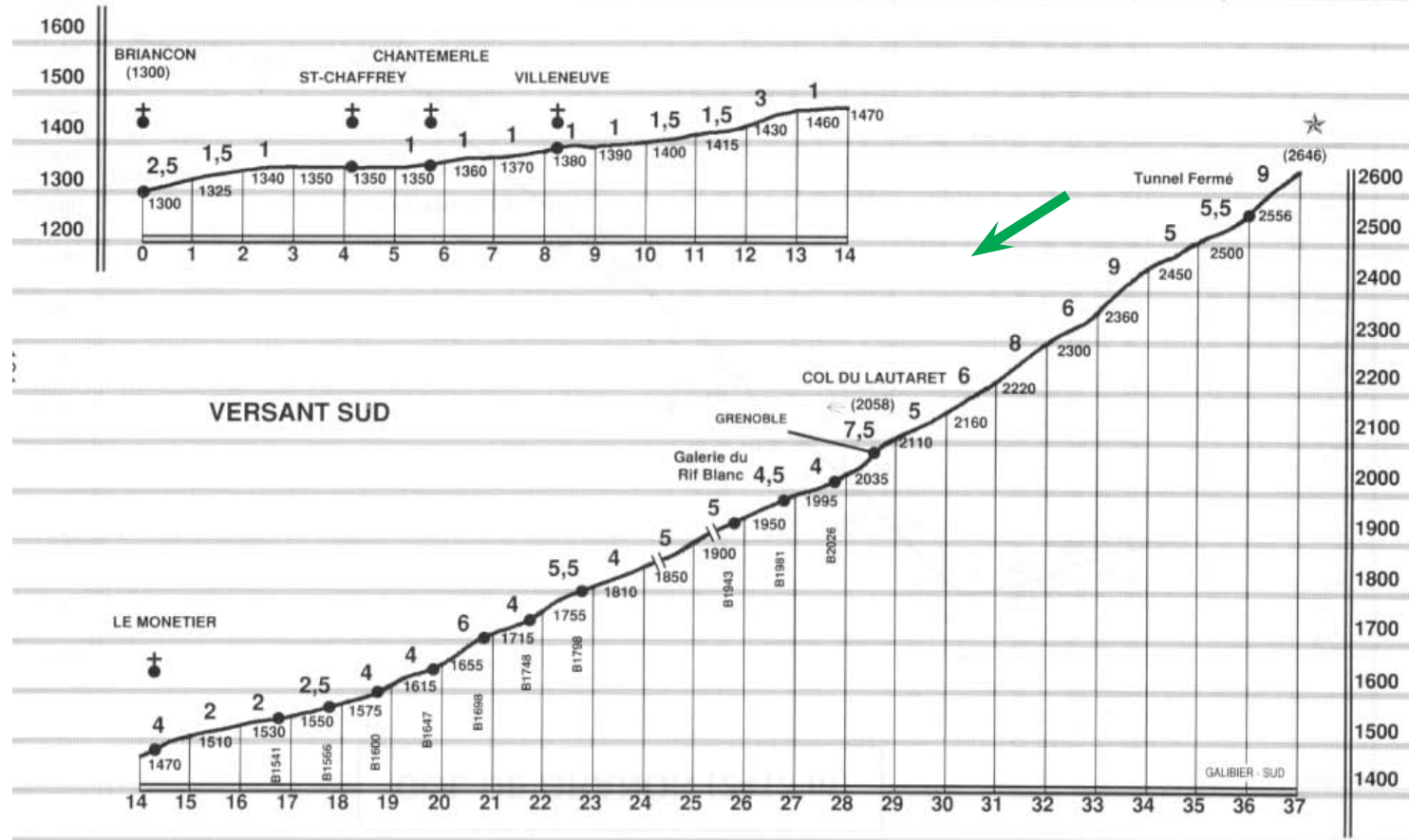


COL DU MOLARD (1640 m)

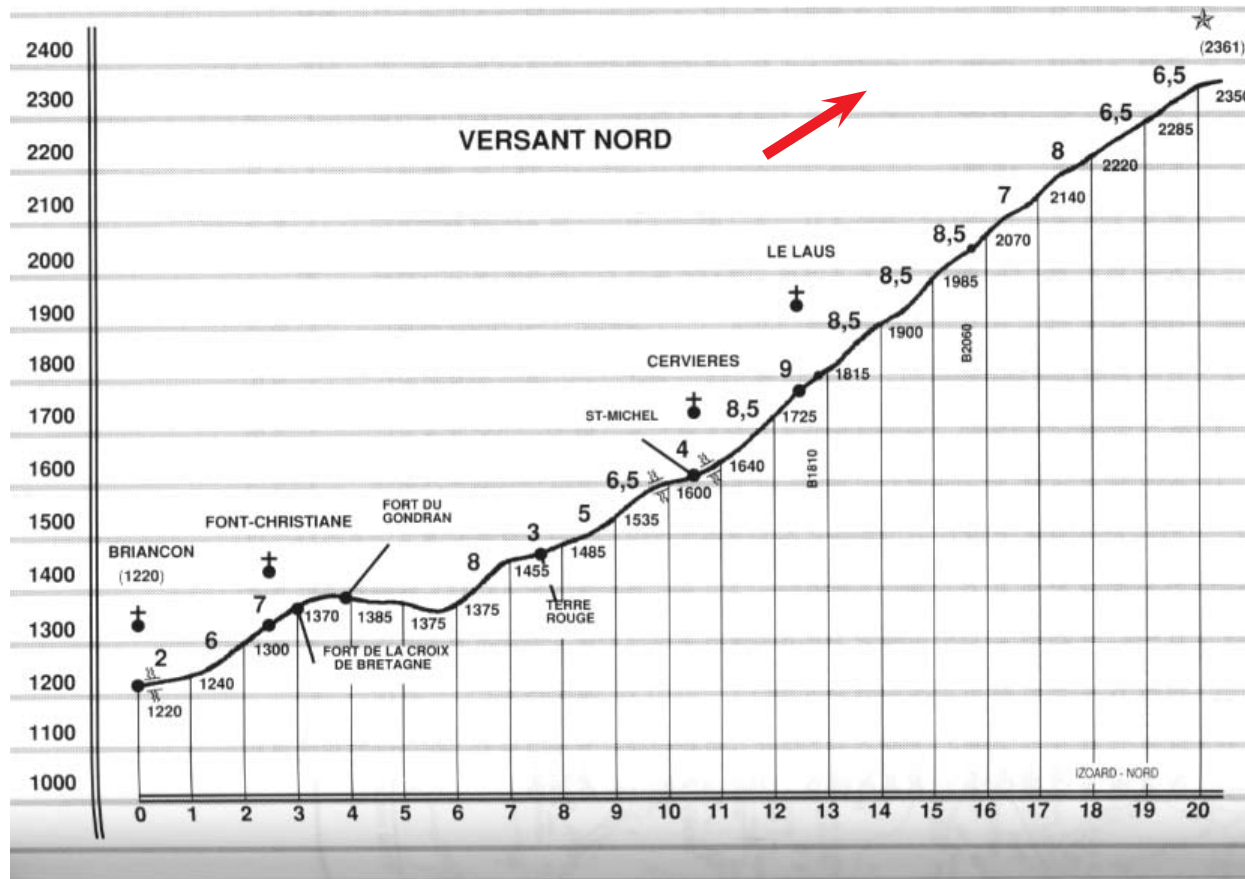




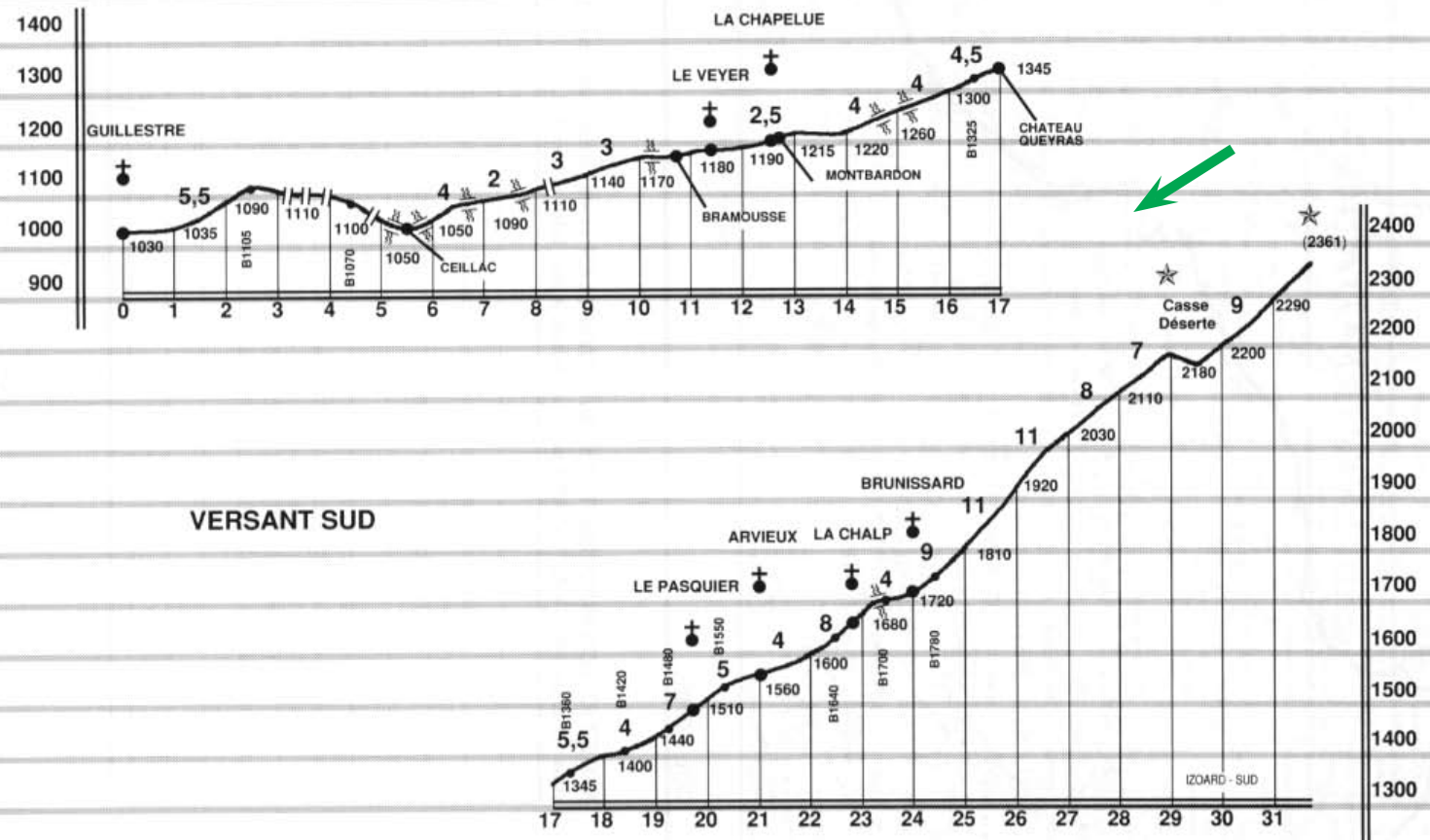
COL DU GALIBIER (2646 m)



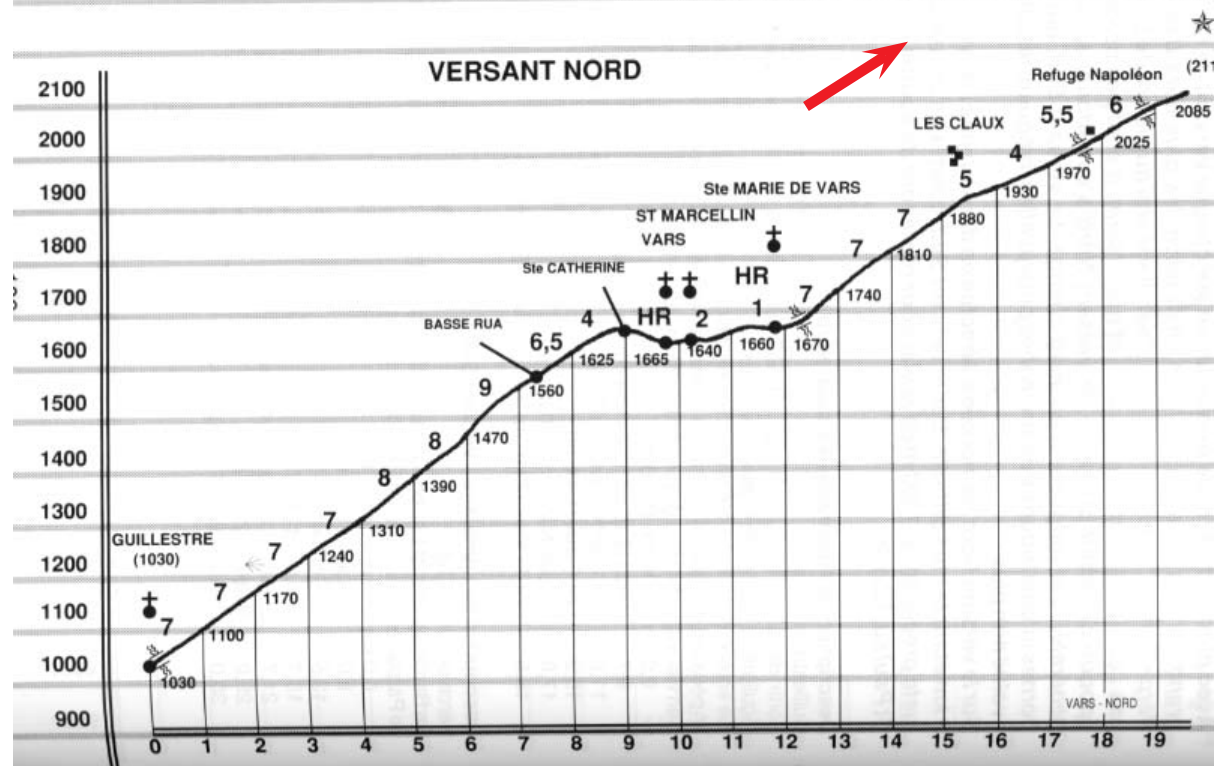
COL D'IZOARD (2361 m)



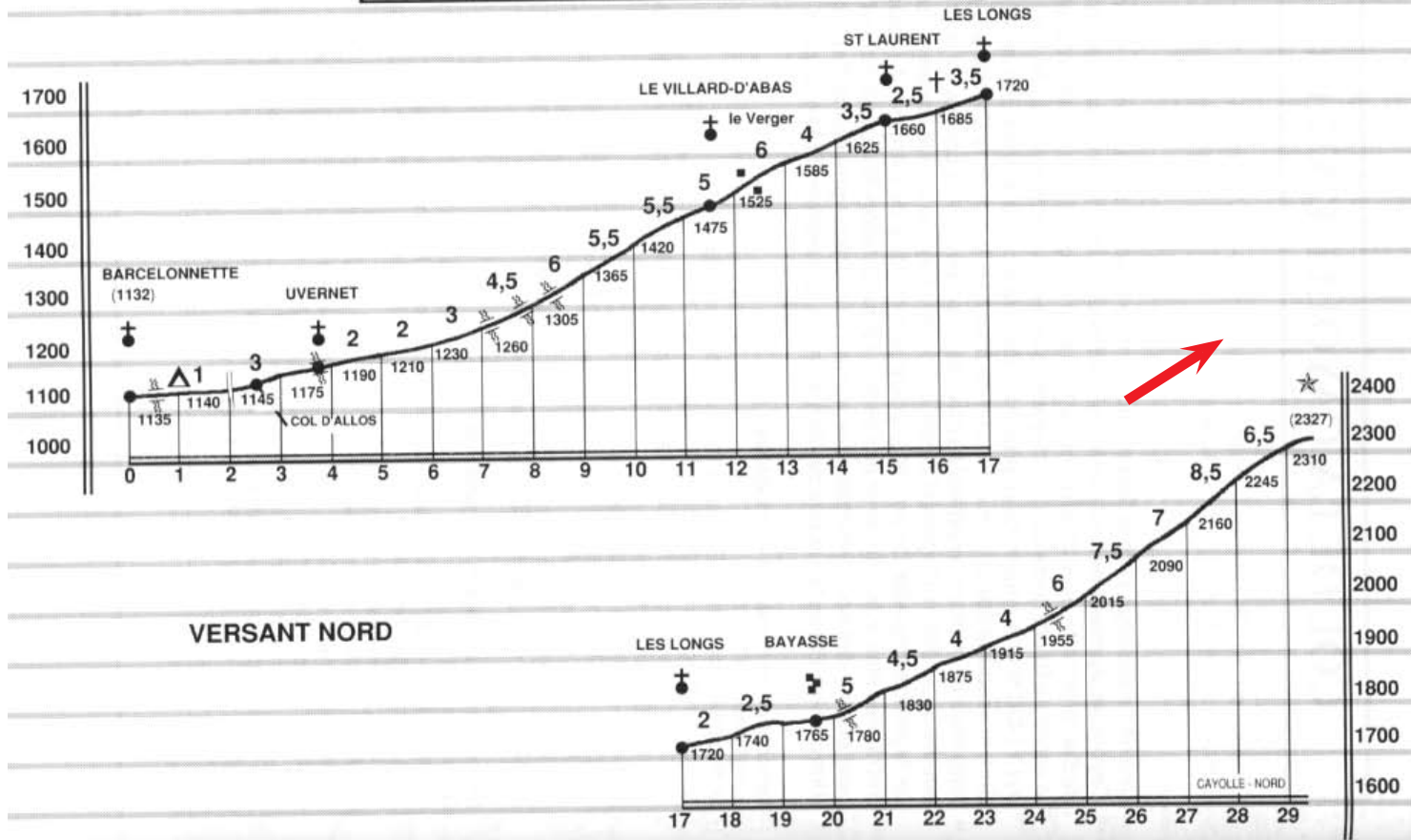
COL D'IZOARD (2361 m)



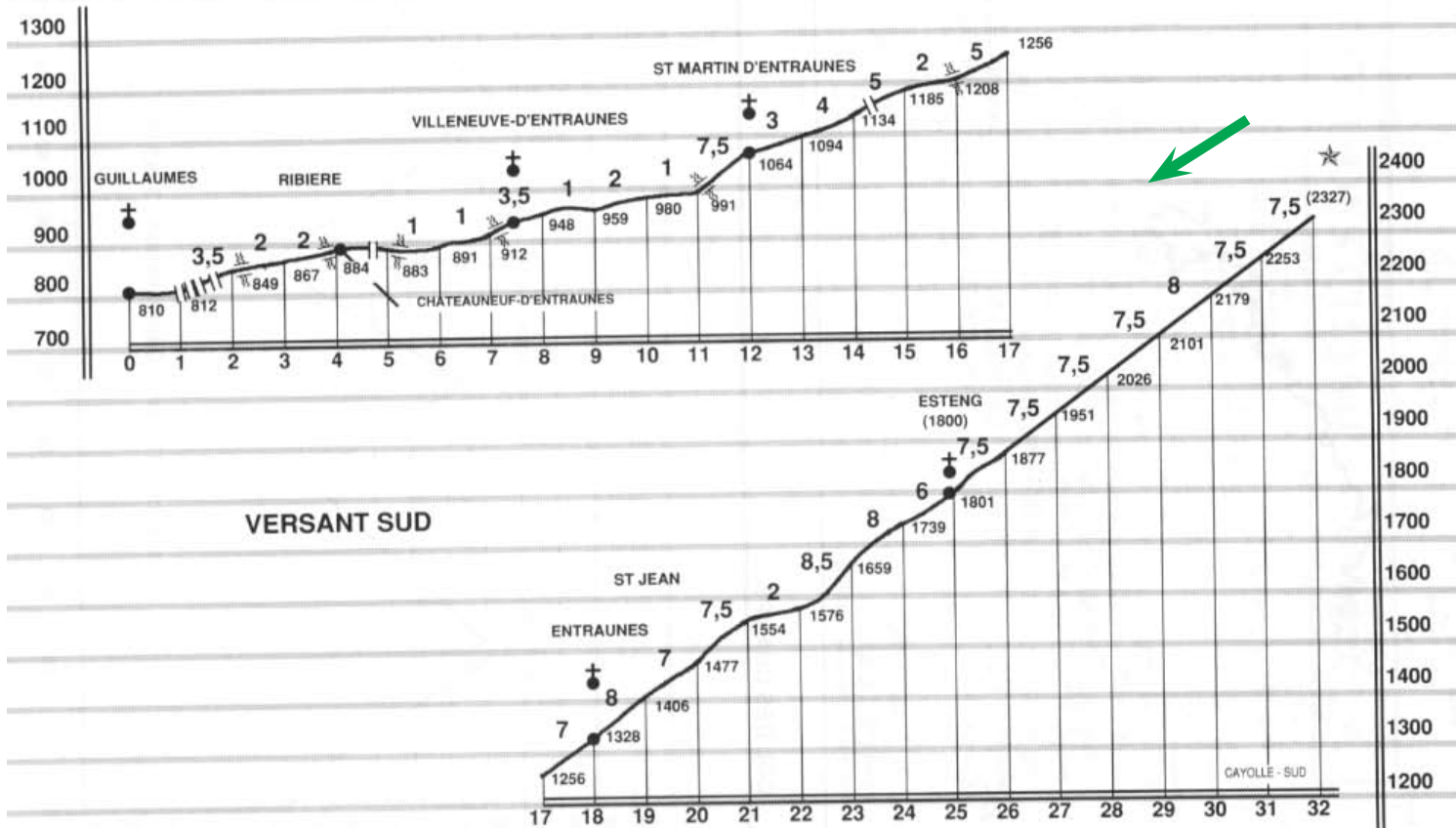
COL DE VARS (2110 m)



COL DE LA CAYOLLE (2327 m)



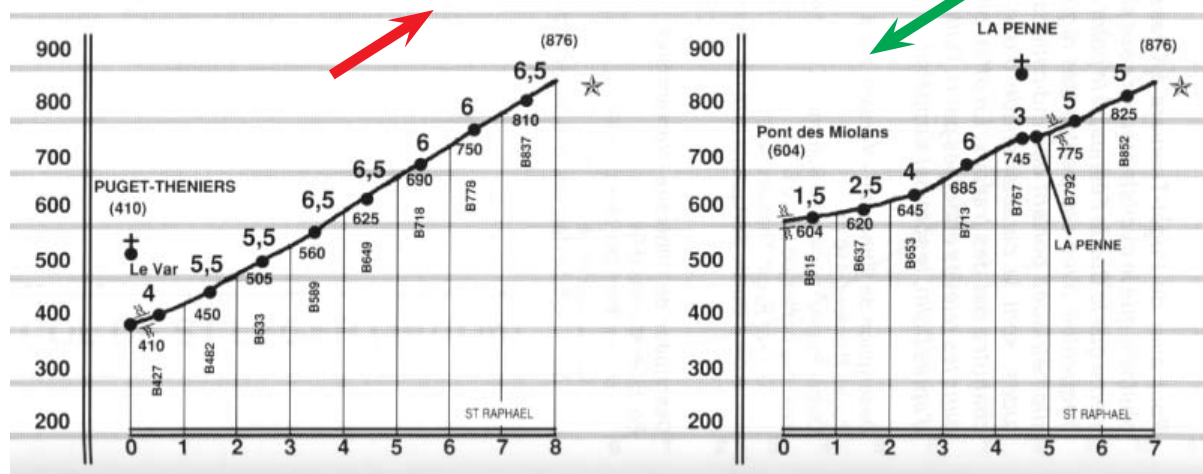
COL DE LA CAYOLLE (2327 m)



COL DE ST-RAPHAEL (876 m)

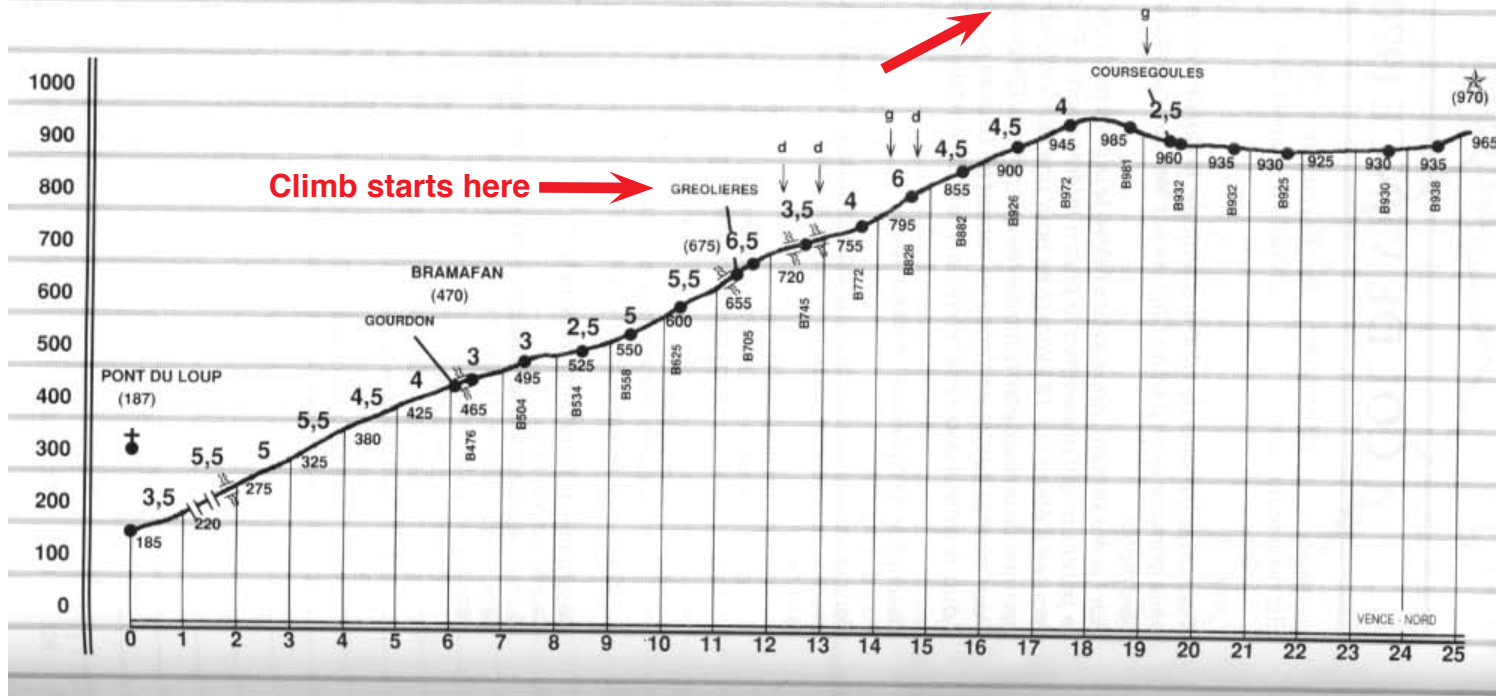
VERSANT NORD

VERSANT SUD



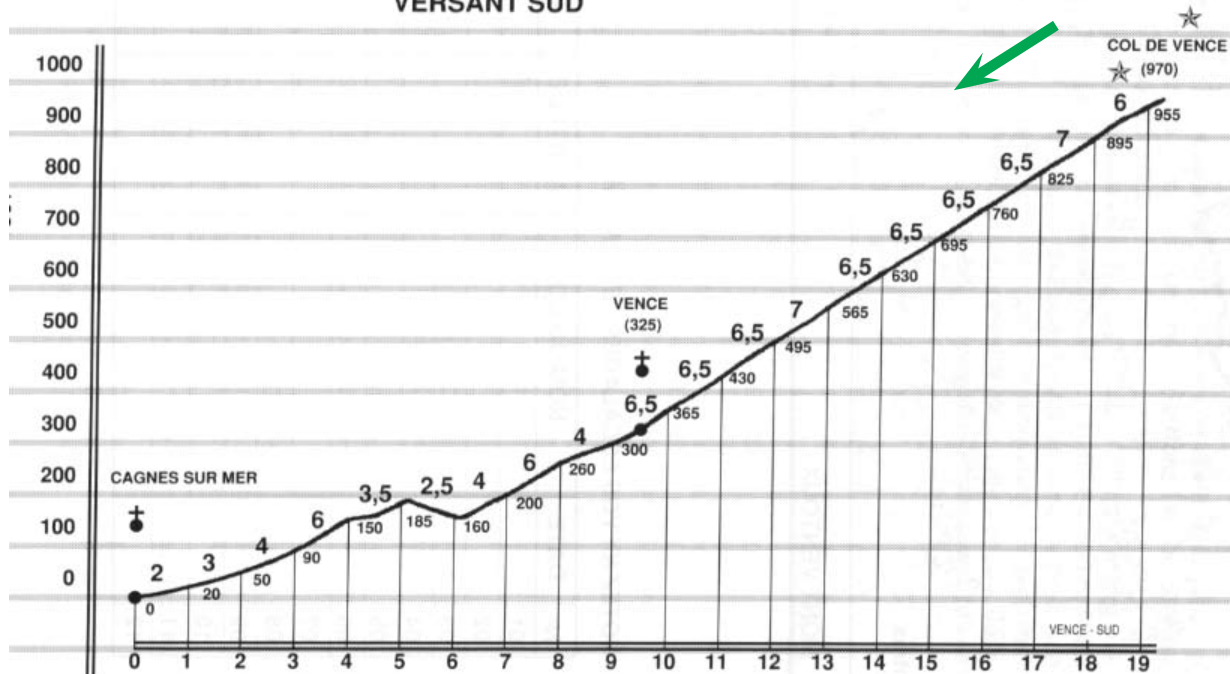
COL DE VENCE (970 m)

VERSANT NORD



COL DE VENCE (970 m)

VERSANT SUD



Date	To	Hotel	Double 2 Bfasts	Cost / person	Half- Board	Address	Phone	Fax	Web	Email
Sat 6	San Jose	Plane								
Sun 7	Geneva	Ibis	€ 66.20	€ 33.10		38 rte de Geneve 74100 Ambilly	04 50 38 70 66	04 50 38 72 23	www.ibishotel .com/gb/hotel- 6232-ibis- annemasse/in dex.shtml	accorhotels. reservation @accor.com
Mon 8	Geneva	Ibis	€ 66.20	€ 33.10						
Tue 9	Annecy	Hôtel Residel		€ 37.71		20 Chemin des Aires 74320 Sevrier	04 50 52 67 50	04 50 52 67 11	www.hotel- residel.com	contact@hot el- residel.com
Wed 10	Annecy	Hôtel Residel		€ 37.71						
Thu 11	Albertvill e	Hôtel de Savoie	€ 73.56	€ 36.78		21-23 ave Jean-Jaurès 73200 Albertville	04 79 37 42 21	04 79 32 86 27	www.hotel- albertville.net	hoteldesavoi e@hotel- albertville.n et
Fri 12	La Chambr e	L'Eterlou		€ 38.00		405 Grande Rue, 73130 la Chambre	04 79 56 20 39	04 79 59 42 37	http://touris me-la- chambre.com /eterlou/	hotel- eterlou73@o range.fr

Sat 13	Bourg d'Oisans	La Cascade	€ 55.56	€ 27.78	Pont de la Romanche, Bourg d'Oisans	04 76 79 16 39	04 76 11 01 25	www.la- cascade.com	lacascadeho tel@orange.f r
Sun 14	Bourg d'Oisans	La Cascade	€ 55.56	€ 27.78					
Mon 15	Bourg d'Oisans	La Cascade	€ 55.56	€ 27.78					
Tue 16	St Jean de Maurienne	St-Georges	€ 76.22	€ 38.11	334 r de la République 73300 St Jean de Maurienne	04 79 64 01 06	04 79 59 84 84	www.hotel- saintgeorges. com	info@hotel- saintgeorges .com
Wed 17	Valloire	Christiania Hôtel		€ 60.78	Rue de Tigny 73450 Valloire	04 79 59 00 57	04 79 59 00 06	www.christian ia-hotel.com	info@christi ania- hotel.com
Thu 18	Briançon	Hôtel Edelweiss	€ 74.55	€ 37.28	32 avenue de la République, 05100 Briançon	04 92 21 02 94	04 92 21 22 55	www.hotel- edelweiss- briancon.fr	contact@hot el-edelweiss- briancon.fr
Thu 18	Briançon	Hôtel Edelweiss	€ 74.55	€ 37.28					
Sat 20	Guillestre	Catinat Fleuri		€ 63.50	La Longeagne 05600 Guillestre	04 92 45 07 62	04 92 45 28 88	www.catinat- fleuri.com	catinat- fleuri@wana doo.fr

Sun 21	Barcelonnette	Hôtel du Cheval Blanc	€ 56.11		12 rue Grenette bp19, 04400 Barcelonnette	04 92 81 00 19	04 92 81 15 39	www.chevalblancbarcelonnette.com	gbarneaud@free.fr
Mon 22	Entrevaux	Hôtel Vauban	€ 47.11		place Moreau 04320 Entrevaux	04 93 05 42 40	04 93 05 48 38	www.hotel-le-vauban.com	hotel-vauban@orange.fr
Tue 23	Coursegoules	Auberge Escaou	€ 65.00		Place de l'Escaou, Coursegoules	04 93 59 11 28		www.auberge-escaou.com	auberge-escaou@orange.fr
Wed 24	Vence	Auberge des Seigneurs	€ 82.44	€ 41.22	1 Rue du Dr Binet, 06140 Vence	04 93 58 04 24	04 93 24 08 01	www.auberge-seigneurs.com/home.htm	sandrine.rodri@wanadoo.fr
Thu 25	Cros de Cagnes	Hôtel Aeva	€ 104.00	€ 52.00	22 Boulevard de la Plage, 06800 Cros de Cagnes	04 93 73 39 52		www.hotel-aeva.fr	
Fri 26	Cros de Cagnes	Hôtel Aeva	€ 104.00	€ 52.00	22 Boulevard de la Plage, 06800 Cros de Cagnes	04 93 73 39 52		www.hotel-aeva.fr	
Sat 27	Cros de Cagnes	Hôtel Aeva	€ 104.00	€ 52.00	22 Boulevard de la Plage, 06800 Cros de Cagnes	04 93 73 39 52		www.hotel-aeva.fr	
Sun 28		Nice to San Jose							